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Editorial

EURAPS Editorial: BIA-ALCL, a brief overview



The history of breast implants includes important technological breakthroughs, but also safety controversies such as the 1992 FDA moratorium against silicone, the 2010 PIP implant scandal, and the 2015 Silimed ban.^{1–3} Nevertheless, the popularity of breast augmentation continues to grow, and millions of patients receive breast implants each year.⁴

In 2011, history repeated itself when the Food and Drug Association (FDA) announced that breast implants may be directly implicated in the aetiopathogenesis of Breast Implant Associated Anaplastic Large Cell Lymphoma (BIA-ALCL).⁵ What started with sporadic case reports, soon became a cascade of events culminating in a second FDA announcement in 2016 and the World Health Organisation reclassifying lymphoid neoplasms to include BIA-ALCL as a distinct pathology.^{6–8} Other national and international authorities then sought to promote awareness and reporting of new cases,^{9,10} with a lead taken by Australasian surgeons to specifically include BIA-ALCL in the process of informed consent and preoperative counselling (78% compliance vs. France 46%, U.K. 41%, Italy 31%, and U.S.A. 24%).¹¹

The Manufacturer and User Facility Device Experience (MAUDE) database of the FDA, the European task force for ALCL formed by the National Competent Authorities (NCAs), the Patient Registry and Outcomes for Breast Implants and ALCL Etiology and Epidemiology (PROFILE) registry, and others offer a place for centralized data collection. Yet the aforementioned registries are full of poorly reported cases missing essential information (implant type, immunohistochemistry results etc.), and many countries have yet to present a single case, making estimation of BIA-ALCL prevalence more reliable than incidence.¹² Nevertheless, a Danish epidemiological study, showed that the cumulative risks in women with implants is 29 per million at 50 years and 82 per million at 70 years of age, and a recent study by the Italian Ministry of Health estimated the incidence in 2015 of 28 cases per 1 million.^{13,14}

Despite this, only since 2011 plastic surgeons internationally agreed and promoted diagnostic and management guidelines that are nowadays widely accepted: all late onset seromas must be aspirated under ultrasound-guidance, with mandatory cytology and CD30+ immunohistochemistry to seek a diagnosis of BIA-ALCL. Cases of BIA-ALCL should be managed

by surgical removal of the implant, seroma, and periprosthetic capsule; chemotherapy considered according to disease extension.⁶ Most plastic surgeons are now aware of the condition and of its diagnosis and management, and it is now necessary to investigate the mechanism of its aetiology.¹⁵

Various aetiopathogenetic theories have been proposed, the immunology hypothesis, tribology, and subclinical infection being the most prevalent ones. All share chronic inflammation as a pathogenic mechanism. The immunology hypothesis, refers to silicone particulate release from the peaks of macrot textured implants generating intracapsular foreign bodies that results in a chronic immunologically driven inflammatory foreign body response, causing tissue growth at the periprosthetic capsule. When captured by macrophages silicone particles ignite a complex specific antigen-driven local Th1/Th17 immune response with involvement of the specific cytokines, interleukin-17, -6 and -8, transforming growth factor- β 1, and interferon, that leads to proliferation of the T cells with oncogenic mutation, through aberrant activation of STAT3, causing BIA-ALCL.^{16–18} The second hypothesis comes from tribology (the science studying the interaction of surfaces in relative motion), and is that aggressively textured implants cause delamination of the periprosthetic capsule through mechanical tear stress¹⁹ possibly responsible for double capsule phenomenon but also for unresolved inflammation, with genetic instability and activation of maladaptive homeostatic responses and dormant transcription factors.²⁰ The subclinical infection hypothesis is very intriguing and is supported by studies demonstrating the prevalence of a specific group of bacteria, *Ralstonia* spp. isolated on BIA-ALCL capsules, with some commentators incriminating specifically *Ralstonia Pickettii* without sufficient support.^{21,22} However questions remain inadequately answered, such as why biofilm present on all devices yet ALCL only occurs around in textured breast implants; why biofilm increase is directly related to degree of capsular contracture, but not to sterile seroma presence in 80% of BIA-ALCL; why *Ralstonia* spp. is present, although at lower concentration, in non-ALCL capsules; and finally why prevalence of BIA-ALCL is comparable between aesthetic and reconstructive cases despite inability to respect the 14 points against infection in reconstruction.^{22–25}

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A contrasting paradigm presented by some authors is that BIA-ALCL is not a cancer, but rather is a lymphoproliferative disorder that can regress spontaneously.²³ Two supporting cases are reported in which BIA-ALCL, diagnosed by standard preoperative aspiration and seroma cytology, was found absent on formal histology of the residual serum and capsule after treatment by implant removal and total capsulectomy (CD30+ lymphocytes not identified). Here the term "resolution" may simply be a misinterpretation of the time course of the disease, since indolent behaviour is reported in 2 cases of stage 1 BIA-ALCL such that after draining the CD30+ lymphocytes containing seroma they have not yet significantly repopulated. True resolution could only be considered if implant removal had not been performed and recurrence was shown not to have occurred after several years of careful follow up.²³ It is highly likely that BIA-ALCL occurred prior to the current diagnostic criteria being established, but were unintentionally treated successfully by surgeons following standard principles of seroma aspiration and/or capsulectomy without cytology or histology exams. The increase in BIA-ALCL cases over the last 10 years may simply reflect the increased use of macrotextured implants, the time-lag from their insertion to BIA-ALCL development, and increased awareness by plastic surgeons.

Understanding of the relation between BIA-ALCL and breast implant design will help us to better treat our patients, most particularly by assessing reported cases with either extremely early onset (4month) or without initial seroma (20%), and investigating the role and the fate of CD30 negative seromas. This step is fundamental to make implant surgery safer, and requires co-ordination between Competent Authorities, industry, and scientists. Industry must critically reassess breast implant manufacturing materials and processes, most critically as regards shell surfaces and texturing. Research should shift its focus to investigate control of the foreign body reaction by the development of biomimetic surfaces leading to a more biocompatible implant.²⁶ Finally, the cellular immune response must be investigated for therapeutic immunomodulatory targeting.²⁷

In conclusion, BIA-ALCL should be openly assessed by all the involved actors, without fear of retribution. Plastic surgeons must report to respective National Competent Authorities all cases with complete information, which must then be shared at an international level; patients must pre-operative counselling about BIA-ALCL and its possible occurrence after breast implant surgery, followed-up and investigated accordingly; research must establish risk stratification data; and patient management should then include preventative measures, and BIA-ALCL specific surgical and medical treatment protocols when disease occurs.

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